



## Say hello to doughnuts

### And start thinking outside the box

Let's bring **Weight Watchers® Meetings\*** to work to show you how you can lose weight while enjoying what you choose. We'll help you stay motivated with inspirational meeting Leaders, powerful group support, and access to our **suite of digital tools\*\***. You *dough-not* need to say no to the foods you love.

**weightwatchers**

Help with the hard part.

**Let's bring Weight Watchers® to work. Sign up to learn more.**

CONTACT:

EXTENSION:

\* Available in participating areas only. Pre-payment of At Work Meeting Series required and further restrictions may apply. Minimum enrollment required to start an At Work meeting.

\*\* eTools available to those who have pre-purchased an At Work meeting series at the start of the meeting series. Such members will get a subscription for either 14 weeks or 19 weeks of free eTools; the length of free eTools subscription is dependent on the length of the At Work meeting series available at your company. Free eTools subscription offer not available for local Weight Watchers meetings or Online subscriptions. Your eTools subscription will automatically renew each month at standard rate (currently \$19.95, which is subject to change) per month, unless you cancel before the end of 14 weeks or 19 weeks subscription to eTools. Visit [www.weightwatchers.com/cancel](http://www.weightwatchers.com/cancel) for instructions on how to cancel. Subscription is not transferable.

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